



Weekend Intervention Program
Curriculum/Activities

THURSDAY

Admissions/Registration	Complete administrative forms
Program Introduction/Welcome for 72-Hour Group	Describe and explain program rules and regulations
Alcohol/Substance Abuse Education	Lecture/Discussion/Movie
Wrap Up	

FRIDAY

Defensive Driving Class (72-Hour Group)	8-hour National Safety Council approved course
Lunch (72-Hour Group)	
Defensive Driving Class (72-Hour Group)	
Dinner (72-Hour Group)	
Admissions/Registration (48-Hour Group)	Complete administrative forms
Introduction/Welcome (48-Hour Group)	Director explains program rules and regulations
Alcohol Education	Lecture presentation; Goals of Intervention
Traffic Safety Education (all)	Movie: Director's Choice
Alcohol Education	Movie: Director's Choice
Wrap Up	

SATURDAY

Small Group Assignments	Introduction of staff
Small Group Discussion	Personal Exploration
Alcohol Education	Lecture presentation; "Feelings"
Lunch	
Alcohol Education/Individual Interviews	Lecture presentation; Effects of Alcohol on the Human Body
Small Group Discussion	Process alcohol education; continue inventory
Alcohol Education/Individual Interviews	Lecture presentation: Effects of Drugs on the Human Body
Dinner	
Small Group Discussion	Personal Exploration-continued
Alcohol Education/Individual Interviews	Movie: Director's Choice
Wrap Up	

SUNDAY

Small Group	Discuss plan for change
A.A. Meeting	Introduction to Alcoholics Anonymous and the 12-Step traditions
Lunch	
Individual sessions/final interviews	Program evaluations/Certificate of Completion
Alcohol Education	Movie
Client Dismissal	Staff Farewells